



Hayden Elite Summer Synchro Program

August 6th – August 8th, 2009

About the Camp

Hayden Synchronized Skating Teams of Lexington, Massachusetts, will offer its 1st annual Elite Synchronized Skating Summer Program. Registration is opened to all skaters with Junior and Senior test levels and over the age of fifteen years. On-Ice activities will be conducted by Saga Krantz coach of the Haydenettes and Ice Mates as well as Anne Schelter of Annie's Edges to promote skills and technique.

Location of the Camp

Our summer program will be held at the beautiful campus of Cushing Academy, in Ashburnham, Massachusetts, just 60 miles from downtown Boston (www.cushing.org) The main ice surface will be used for all on-ice activities, and off-ice activities will occur at different locations throughout the campus.

The On-Ice Program

Each skater will receive multiple sessions of on-ice instructions per day. Individual skills, team skills and synchronized skating skills will be covered. A major emphasis will be placed on footwork, edge quality, speed, power, development of formations, and transitions. Audience appeal and expression will also be demonstrated and displayed

Team Placement

Individual applicants will be pair with a past or present Haydenettes who will skate all sessions with all participants. Applications are limited to the first 30 skaters.

Transportation

Transportation to and from the Colonial Hotel to Cushing Academy will be provided for all skaters. Airport transportation can be obtained by calling Knight Limo 1-800-822-5456 for an additional cost. www.info@knightlimo.com